

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**
Brandon Jolly, Director of Health Services

Re: **CONTINUED UPDATE RE: COVID-19**



August 21, 2020

General Update:

Covid-19 Testing:

The one employee staff member who tested positive for COVID-19 remains without symptoms and continues to isolate at home. Dunwoody will continue to monitor progress.

Voting—Correction!!

Memo for Wednesday, August 19th stated: You may register on-line at www.votespa.com or print a “mail-in or absentee ballot from that site.” Memo should have stated: you may register or print AN APPLICATION for a mail-in or absentee ballot.” You can only print the application. Ballots are sent through the mail to those who have submitted an application. You will not receive the actual ballot until sometime in late September or October. Sorry for any confusion. If you received a mail-in ballot and voted in the primary, the website says that you should not submit a second application.

Residential Updates:

Health & Wellness: If you are interested in attending any of the grief-support zoom sessions – “The Healing Pathway: Navigating Through Grief,” offered by Holisticare Hospice, please contact Erin Price at 610-707-4898. The series of meetings as advertised will be held each Tuesday throughout September: 9/01, 9/08, 9/15, 9/22, and 9/29, at 2:00 p.m.

Fitness Center and Pool: Call the Fitness Center at 610-359-3514 to schedule appointments.

- Pool hours are: 8:00 – 4:00 M-F (lunch break 12:00 – 1:00) last appointment at 3:00 p.m.
9:00 – 1:00 Saturday (no lunch break) last appointment at 12:00 noon
- Fitness Center hours are 8:00 – 4:00 (lunch break 12:00 – 1:00) last appointment at 3:00 p.m.

Instacart:

As of Monday, August 24th, Debbie Sabin will have returned from vacation and will continue to assist residents with Instacart orders. Debbie can be reached at 610-723-4626 or by e-mailing: dsabin@dunwoody.org between the hours of 9:00 a.m. – 12:00 p.m. Monday, Wednesday, or Thursday.

Travelers:

According to the PA Department of Health, 17 states remain on the restricted list: Alabama, Arizona, Arkansas, California, Florida, Georgia, Idaho, Kansas, Louisiana, Mississippi, Missouri, Nevada, North Dakota, Oklahoma, South Carolina, Tennessee, and Texas. Please avoid travel to these states and any areas or local gatherings that are identified as high-risk.

Please continue to wear properly fitted masks and maintain social distancing in all activities!

Friday, August 21, 2020

To: All Residents
From: Connie Stuckert, President, DVRA
Re: Upcoming Channel 1970 Programs, etc.

In my role as your president, it's not usually my job to promote specific products. However, in this case I'm going to make an exception. COVID-19 is worrying, and it's dangerous. I've been concerned by the number of people I've seen trying valiantly to keep their mask over their nose and mouth, only to have it slip down, especially when talking, because it's too loose and floppy. And thus ineffective. There are two solutions, which I highly recommend. One is elastic ear loops. If that doesn't work, there are masks with adjustable ear loops. They are available from numerous vendors. A quick look at Amazon.com this morning revealed many attractive masks with adjustable ear loops, most coming in packages of three, at prices around \$15 to \$17 per package. You might want to have a look, or get a friend to help you if you don't have access yourself. Just a thought...

A quick reminder that we have another "Kathy and Connie Talk" this coming Tuesday. I'll take questions through the end of the day tomorrow, Saturday, August 22. We also have a "Listening Post" on Thursday, questions to Ann Miller.

The entertainment schedule on 1970 this week includes three movies; "Trading Places" Sunday afternoon, the musical "Gentlemen Prefer Blondes" on Tuesday evening, and "The Piano" Saturday evening. In other evening programming, "Baseball" reaches the 9th Inning, while "The West Wing" and "Alaska" continue. Wednesday evening features another concert from the Kingston Chamber Music Festival. Afternoons start a new murder mystery, "Father Brown". "Fawlty Towers", "Downton Abbey", and "The Holy Land Revealed" all continue. And morning exercises add yet another outdoors yoga class, which now takes place Tuesday through Thursday. Classes broadcast from the auditorium continue as usual. Do those stretches!

PLEASE TURN OVER TO SEE THE 1970 SCHEDULE FOR NEXT WEEK

CHANNEL 1970

August 23 – August 29, 2020

8/23-8/29	Morning	Afternoon	Evening
Sunday 8/23		2 pm - Movie: "Trading Places" 1983 R / Comedy	
Monday 8/24	Exercise: Cathy Ford 9:00-Morning Stretch 9:45- Modified Arthritis Foundation Class 10:30-Strength Class (♥similar to the one we had in the Fitness Center before Covid)	2 pm- Father Brown Mystery Series (Season 1, #2: The Hammer of God)	7 pm – Baseball: Inning 9: Home
Tuesday 8/25	Exercise: Julie Caulfield 9:00-Morning Stretch 9:45- Personal Care 10:30- Strength Class ♥ 11:15- Outdoor Chair Yoga*	2 pm – Fawly Towers (#11 & 12) 4 pm– <i>The Kathy & Connie Conversation</i>	7 pm – Movie: "Gentlemen Prefer Blondes" 1953 PG Comedy, Musical, Romance
Wednesday 8/26	Exercise: Pat McManus 9:00- Morning Stretch 9:45- Modified Arthritis Foundation 10:30- Pilates Class ♥ 11:15- Outdoor Chair Yoga*	2 pm – Father Brown Mystery Series (Season 1, #3: The Oracle of the Dog)	7PM – Kingston Chamber Music Festival Concert 6: Au Revoir, Beethoven
Thursday 8/27	Exercise: Bonnie 9:00- Morning Stretch 9:45- Modified Arthritis Foundation 10:30-Strength Class ♥ 11:15- Outdoor Chair Yoga*	2 pm– The Holy Land Revealed (#3 & 4: Jerusalem)	7 pm– The West Wing: Ep. 21. "Lies, Damn Lies, and Statutes"
Friday 8/28	Exercise: Joe Matey 9:00- Morning Stretch 9:45- Balance Class ♥ 10:30- Chair yoga*	2 pm– Downton Abbey (Season 2, #3) (Day Change This week only)	7 pm – Documentary: Alaska: Ep. 26 "Amazing Alaska Animals"
Saturday 8/29			7 pm– Movie: "The Piano" 1993 R Drama, Music, Romance

*Outdoor Chair Yoga – Sign up Sheet due to limited seats; call the Fitness Center to sign up 610-359-4514.