

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**  
**Brandon Jolly, Director of Health Services**

Re: **CONTINUED UPDATE RE: COVID-19**



**September 25, 2020**

**General Updates:**

**Mail-in and absentee ballots:**

Applications for mail-in or absentee ballots can be completed on line, or you can print the application for mailing. If you voted by mail in the primary, you should automatically receive a mail-in ballot for the November 3<sup>rd</sup> election. The status of your voting registration and your mail-in ballot can also be viewed on-line at [www.votespa.com](http://www.votespa.com). If you need assistance, please call Kayla in Marketing at 610-723-4601. Once your ballot is received, please make sure it is signed and placed in the proper envelope for mailing. You may bring the ballot to the mail drop at Dunwoody. A mail drop-box is outside of the Newtown Square post office in the Acme shopping center. It is emptied 2 x a day.

**Care Center Updates:**

***Important Changes -- Please read the Care Center Update for Skilled and Personal Care dated September 25 and attached.***

**Residential Updates:**

**Flu Shot Update:**

Don't forget your flu shot! The next make-up date is Monday, September 28<sup>th</sup> from 10:00 a.m. – noon in Health & Wellness. Social distancing will be in effect.

**Fitness:**

Call the Fitness Center at 610-359-4514 to schedule pool appointments, gym appointments, Tai Chi, and yoga classes. You may only register one week at a time in order to allow others the opportunity to participate.

**Continental Breakfast & Coffee:**

Beginning Monday, September 28<sup>th</sup>, Continental breakfast (pre-packaged foods) will be offered with coffee and hot tea for pick-up. Hours are extended from 7:30 – 10:30 a.m. as per residents' request. Please do not congregate at the table or linger in the Lobby area and remember to use tissue paper provided for handling the coffee pots.

**Ice Cream with Dinner:**

Monday, September 28<sup>th</sup>, we will begin to deliver ice cream with your dinner meals. There will be a different type of ice cream novelty each week. We will deliver one novelty per week to ensure we cover all living areas.

The following schedule will be used for ice cream delivery:

Monday – Penrose and Section G

Thursday – Sections F, A, and J

Tuesday – East Country House and Section E

Friday – Sections B, C, and H

Wednesday – West Country House and Section D

**Visitation:**

Please remember that all types of visitation must be approved and made a minimum of one day (Monday through Friday) in advance. Contact Kayla in Marketing at 610-723-4601 to schedule.

**Travel Restrictions:**

The following 18 states remain on the PA Department of Health's restricted list: Alabama, Arkansas, Florida, Georgia, Idaho, Illinois, Iowa, Kansas, Louisiana, Mississippi, Missouri, Nebraska, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, and Wisconsin. If you travel to these states, you must quarantine at home 14 days upon return.

**Outside Dining:**

We have begun accepting reservations for outside dining on the Patio. There will be 5 tables, seating for 2 people per table (total of 10 people). To make reservations to dine on the Patio, please contact Jhron or Leya at 610-359-4433 in the afternoon. (Please do not call in the morning since this is when they handle calls for the Market). You may only reserve once a week so that others have a chance to eat outside. Reservations will only be accepted for the current week, not in advance of the week. When making reservations, you need to provide the name of the persons who will be eating at the table. Those who are dining on the Patio will pick up their prepared meals at 5:30 p.m. in the Lincoln Dining Room. Dining will be from 5:30 p.m. and end promptly at 7:00 p.m. Because chairs need to be stored inside, a staff member will arrive at 7:00 p.m. to move the chairs inside and to wipe down the tables and chair arms. Diners are responsible to dispose of their trash in the outside trash container that will be provided.

**September 25, 2020**

## **Care Center Update- Skilled Nursing and Personal Care**

### **Employee Testing:**

On Monday, September 21, 2020 we began testing all Care Center employees for our monthly employee testing process as is required by the Center for Medicare and Medicaid and the Pennsylvania Departments of Health and Human Services. We tested approximately 300 staff in three days. We've received 180 results back as of this posting and one employee who works primarily in skilled nursing had a positive covid-19 test result. The identified employee has been asymptomatic so far. The State of Pennsylvania considers one positive case of a resident or staff member in skilled nursing or personal care an outbreak, which requires the Care Center to return to Step #1 of our reopening plan. Any staff members who have a positive test result will be out of work for 14-days and will be required to be retested until their results come back negative. Contact-tracing has begun with those whom may have come in contact with the positive employee.

### **Care Center Resident Testing:**

We will also begin testing all skilled nursing and personal care residents for covid-19 on Monday, 9/28/20 per regulatory guidance when a positive case is identified. All employees who work in the Care Center and all residents in the Care Center must have negative test results before the 14-day "clock" can start to move the Care Center to Step #2 of the reopening plan. Because of staff cross-over from skilled nursing and personal care, personal care unfortunately has to return to Step #1 of the reopening plan also. All Care Center residents and responsible parties will receive a call from a Care Center social worker or nurse advising them of a positive staff case of covid-19 and the changes taking place due to this.

**\*\*Because this is considered "outbreak testing", all staff and residents will be tested, and all staff and residents that tested negative will be retested every 7 days until testing identifies no new cases of covid-19 among staff or residents for a period of 14 days since the most recent positive result.**

### **How does this affect the lives of our residents and families?**

#### **Visitation:**

Related to visiting Care Center residents, we must immediately halt in-person scheduled visitation for Care Center residents, except for compassionate visits, which will still be allowed on a case-by-case review. Scheduled window visits are again being offered. Please contact Jennifer Barall at: (610) 359-4445 to set up a window visit. We are asking spouses living in independent living whom have regularly visited their loved-one in the Care Center to visit less

frequent than you have been if your Care Center spouse's health and well-being would not be jeopardized by fewer visits. We want to continue allowing regular visits by independent living spouses; however, if we find that agreed upon compassionate visit schedules are not being adhered to, we may have to limit these visits further. Please only visit during agreed upon, scheduled times.

**Barber and Beauty Services:**

Effective immediately, trips to Dunwoody's Beauty and Barber Shop are once again on-hold for Care Center residents.

**Dining:**

Residents in both personal care and skilled nursing will be required to take their meals in their rooms and will not be able to dine in a shared-setting. Cedars West residents will continue to dine in a shared-setting.

**Activities:**

The Activities Department is returning to one-on-one engagement with residents until we return to Step #2 of the reopening plan. The Activities Department will focus on taking Care Center residents outside for walks on a one-on-one basis as long as weather permits.

**Transportation:**

Family members will not be allowed to ride with their loved-one in a Dunwoody vehicle to and from medical appointments. Additionally, family members will not be permitted to take Care Center residents to medical appointments in their own personal vehicles. We encourage families to meet their loved-one at the medical appointment.

Friday, September 25, 2020

To: All Residents  
From: Connie Stuckert, President, DVRA  
Re: Upcoming Channel 1970 Programs, etc.

At the Town Meeting yesterday you will have heard Sherry announce that the Board of Trustees has voted to go ahead with the reconstruction of the common areas. They did read our report on the results of the new construction survey, discussed it at length, and are genuinely concerned for the physical and psychological welfare of the residents. It was not an easy decision, and it was not a unanimous decision, but some good things are coming out of it, which you will hear more about in the future. And it will be several more months before anything actually begins to happen.

That said, I did promise to share the results of the survey with you, and I think sunlight is a good thing. We received responses from 211 residents, which represent roughly 63% of those in Independent Living. Of those 211, 140 people wanted a further delay, 37 wanted to start now, but with a scaled back plan, and 33 wanted to go forward now with the original plan. The comments suggested that the main issues for residents were contractors bringing the coronavirus back on campus; the observed physical and mental deterioration of residents; and the need for a break from current restrictions before being restricted again. Many were also concerned about West Country House access and the needs of the Care Center. This is just a quick summary, and I will make the full report available to anyone who wants to see it. You can email me at [fuddlescat@verizon.net](mailto:fuddlescat@verizon.net), or send me a note. Please don't call! The report is long (14 pages), so I will only print it out for those who don't have email. Otherwise I will send it to you as an attachment.

I know some people will be pleased with the Board's decision, but many will not. However, this is where we are. Once we've had a chance to process this news, we need to figure out how to move forward in the best possible way, and create good lives for ourselves. After all, we are DUNWOODY STRONG!

Somehow I've run out of room. TV listings on the other side. Note that we have important presentations from Dr. Lawrence and Dr. Pasternak. And don't forget to tune in to Derron LaBrake's lecture on Urban Ecology.

**PLEASE TURN OVER TO SEE THE 1970 SCHEDULE FOR NEXT WEEK**

# CHANNEL 1970

September 27 – October 3, 2020

9/27-10/3	Morning	Afternoon	Evening
		<b>*All showings are at 2 pm, unless otherwise noted</b>	
<b>Sunday 9/27</b>		Movie: "Prizzi's Honor" Jack Nicholson, Kathleen Condon, Robert Loggia 1985 R/Comedy, Crime, Drama	
<b>Monday 9/28</b>	Exercise: <b>Cathy</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength ♥ (♥ Similar to one in Fitness Class before Covid)	<i>The World's Greatest Geological Wonders</i> (#7 & 8: Grand Canyon; Himalayas)	7 pm – The Civil War: A film by Ken Burns Ep. 3 "Forever Free" (1863) (Episodes appear to be 80-90 minutes)
<b>Tuesday 9/29</b>	Exercise: <b>Julie</b> 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength ♥ 11:15 Outdoor Chair Yoga*	<i>Keeping Up Appearances</i> (#23&24)	7 pm – Movie: "Birth of the Blues" Bind Crosby, Mary Martin, Brian Donlevy (1941) PG/History, Music, Romance
<b>Wednesday 9/30</b>	Exercise: <b>Pat</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥ 11:15 Outdoor Chair Yoga*	Dr. Pasternak- <i>Isolation During a Pandemic</i> Lecture Dr. Lawrence- Q & A	7 pm– Berliner Philharmoniker (Date of performance June 24, 2018) Simon Rattle and Magdalena Kozena at the Waldbuhne **
<b>Thursday 10/1</b>	Exercise: <b>Bonnie</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Pilates ♥ 11:15 Outdoor Chair Yoga <b>Marc Shay- Memorial Garden</b> 10:00 Outdoor Tai Chi 10:45 Outdoor Tai Chi	<b>4 pm-</b> <i>Urban Ecology</i> by <i>Derron LaBrake</i>	7 pm– West Wing: Season 2, Disc 1 Ep. 2: "In the Shadow of Two Gunmen Part II"
<b>Friday 10/2</b>	Exercise: <b>Jo</b> 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Chair Yoga	<i>The Holy Land Revealed</i> (#13&14: <i>Pharisees, Sadducees, Discovery of Dead Sea Scrolls</i> )	7 pm –Rick Steves Travelogue: Prague and Berlin
<b>Saturday 10/3</b>			7 pm - Movie: "Temple Grandin" 2010 PG/ Biography, Drama

\*Outdoor Chair Yoga – Sign up Sheet due to limited seats; call the Fitness Center to sign up 610-359-4514.

\*\* (A celebratory finale with the Berliner Philharmoniker performed on 24 Jun 2018) Sir Simon Rattle and his wife performed works by Gershwin, Faure, Khcaturian and Resphghi