

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**
Brandon Jolly, Director of Health Services

Re: **CONTINUED UPDATE RE: COVID-19**



October 2, 2020

General Updates:

Mail-in and absentee ballots:

Our Marketing Department is diligently working to provide detailed information regarding mail-in and absentee ballots and will update as soon as possible.

Facilities Update:

Due to a new opportunity, Monday, October 5th will be Facilities Supervisor, Kevin Dietrick's last day of service at Dunwoody Village. Both residents and staff thank Kevin for his past service and wish him the best in his new venture! *Wes Kuehnle, Director of Facilities.*

Gift-Card SCAMS:

The Federal Trade Commission (FTC) reports that there is an increase in gift-card scams that target older adults. Scammers claiming to be connected to the IRS, the police department, a debt collection agency, or a distressed grandchild, call a customer and demand a gift-card payment to avoid arrest for a debt or to bail-out a grandchild in trouble. Gift cards can NEVER be used to pay a debt, taxes, bail, or any other type of fine. Hang up on the caller. E-mail alerts notifying you that you have been chosen to receive a free gift card are also scams. Everybody likes free money, but no one is sending it! Do not open the link; delete the e-mail. If you have any questions, contact Marketing at 610-359-4425.

Care Center Updates:

COVID-19 Testing: *September 28, 2020 – ALL 110 Care Center staff members tested were negative. Of the 65 Skilled residents tested, 57 were negative and 8 are pending. All Personal Care residents on Woodlea, Leeland, Cedars East and Cedars West were tested and all results are negative.*

As previously reported: of the 295 tests completed the week of 9/21/ 2020 – 294 were negative. The 1 staff member (asymptomatic) who tested positive remains monitored and at home but has been cleared to return on 10/7. Concerning the one Independent Living staff member who tested positive on 9/21/2020 – all persons were monitored, all issues are resolved, and there are no concerns.

In accordance with the Department of Medicare and Medicaid Services (CMS) requirements:

- We will continue to test all Care Center staff and all Care Center residents on a weekly basis until there is a 14-day window where there are no positive results.
- As a result of the one positive test, Care Center regulations and visitation have returned to Phase I Reopening (as posted to our website on Friday, September 25, 2020) until all staff and residents continue to test negative for a 14-day period.

Residential Updates:

To-Go Meal Dinner Service Returns Starting Monday, October 12th:

To-Go meal home delivery service will continue, but as of Monday, **October 12th**, Village Grill To-Go meal dinner service will also be available for pick-up at the following times **for those who provide advance notice:**

- Monday through Saturday – 4:45p.m. to 6:15 p.m.
- Sunday – Noon – 1:20 p.m.

You will receive your menu for the week of October 12th one week in advance (Monday, October 5th).

When you return your menu packet: Note the day you do NOT want home delivery and will come to the Village Grill for pick-up. We need this information in advance to know how many residents require home delivery and how many residents are coming to the Village Grill. The menu items offered at the Village Grill will be identical to the choices on the home delivery menu. **In the Village Grill, you will select your prepackaged desert and salad choice with soup of the day. You will select your entrée, vegetable, and starch which will be packaged at the point of service.** You must wear a mask and observe the 6-foot apart spacing rule as you move through the Grill. The floor has space markings.

Continental Breakfast & Coffee:

Continental breakfast (pre-packaged foods), coffee, and tea are available for pick-up in the Lobby from 7:30 – 10:30 a.m. Please do not congregate at the table or linger in the Lobby area and remember to use tissue paper provided for handling the coffee pots.

Ice Cream with Dinner:

Ice cream novelties will continue to be served once per week with your delivered meals.

Monday – Penrose and Section G

Thursday – Sections F, A, and J

Tuesday – East Country House and Section E

Friday – Sections B, C, and H

Wednesday – West Country House and Section D

Outside Dining:

Limited reservations to dine on the Patio are available 5:30 – 7:30 p.m. (total seating of 10 – 5 tables, 2 persons each). Call Jhron or Leya at 610-359-4433 **in the afternoon** and provide the names of the persons dining. **Reservations will only be accepted for the current week.** Diners will pick up their prepared meals at 5:30 p.m. in the Lincoln Dining Room. Dining will end promptly at 7:00 p.m. Diners are responsible to dispose of their trash in the outside trash container that will be provided.

Fitness:

Call the Fitness Center at 610-359-4514 to schedule pool appointments, gym appointments, Tai Chi, and yoga classes. You may only register one week at a time in order to allow others the opportunity to participate.

Visitation:

Please remember that all types of visitation must be approved and made a minimum of one day (Monday through Friday) in advance. Contact Kayla in Marketing at 610-723-4601 to schedule!

Travel Restrictions:

As reported on the PA Department of Health website 9/30/2020, **Kentucky has been added** to the restricted list for a total of 20 states: Alabama, Arkansas, Florida, Georgia, Idaho, Illinois, Iowa, Kansas, Kentucky, Mississippi, Missouri, Nebraska, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, Utah, and Wisconsin. If you travel to these states, you must quarantine at home 14 days upon return.

Please note that the states listed for restricted travel can change on a daily basis. The most recent updates can be found on www.health.pa.gov.

Friday, October 2, 2020

To: All Residents
From: Connie Stuckert, President, DVRA
Re: Upcoming Channel 1970 Programs, etc.

As you can imagine, many things occupy my attention these days. One of the most important is our need to return to activities that are as normal as possible while we still can. We're making some meaningful progress. By the time you read this, we will have had our first "live" lecture in the auditorium. More live events, coming from the Library, the Entertainment Committee, and Current Affairs, will follow. Importantly, this Sunday we bring back religious services, although without music for the present. We urge you to sign up for a ticket today. However, because this has been put together on short notice (and Kayla doesn't work on weekends), we will leave some extra tickets at the front desk on Saturday. If it's a small congregation, you may also be able just to walk in on Sunday, but remember—we're limited to 25 people, masked and socially distanced.

This is also the time of year when the DVRA Nominating Committee gets cracking. As we go through this annual ritual, in November you will be presented with a slate of candidates for DVRA officers, and in December you will vote. Everything we do depends on the support of residents and their willingness to accept the call. This year I believe we will have three positions on the DVRA Executive Committee to fill. If you are approached by someone on the Nominating Committee, I hope you will agree to serve. You are vital to our success, and we need you. Certainly I need you, as I rely heavily on members of the Executive Committee for advice and perspective.

This week's 1970 schedule reflects the fact that we are beginning to resume more normal operations. The Sunday service is there, as is a rebroadcast Monday evening of the Dr. Lawrence/Dr. Pasternak program for those who may have missed it this past week. Movies this week include "The Red Shoes", "The Ruling Class", and "Leave No Trace". Wednesday evening the Quarantine Connection presents the Project Fusion Saxophone Quartet going backstage to show how they are ""Making Chamber Music Apart, Together". Should be interesting! All other afternoon and evening programs from last week continue with their next installments. Enjoy!

PLEASE TURN OVER TO SEE THE 1970 SCHEDULE FOR NEXT WEEK

CHANNEL 1970

October 4 – October 10, 2020

10/4-10/10	Morning	Afternoon	Evening
		*All showings are at 2 pm, unless otherwise noted	
Sunday 10/4		2 pm: Religious Services Reverend Paul Toms, Senior Pastor (Retired), First Presbyterian Church, Norristown 3 pm Movie: "The Red Shoes" 1948 PG Drama, Music, Romance	
Monday 10/5	Exercise: Cathy 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength♥ (♥Similar to one in Fitness Class before Covid)	<i>The World's Greatest Geological Wonders</i> (#9&10: Ganges Delta; Amazon Basin)	7 pm – Dr. Lawrence Answers our Submitted Questions and Dr. Pasternak speaks to us about isolation during a pandemic
Tuesday 10/6	Exercise: Julie 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength♥ 11:15 Outdoor Chair Yoga*	<i>Keeping Up Appearances</i> (#25&26)	7 pm – Movie: "The Ruling Class" Peter O'Toole, Alastair Sims, Author Lowe 1972 PG/Comedy, Drama, Musical
Wednesday 10/7	Exercise: Pat 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class♥ 11:15 Outdoor Chair Yoga*	<i>The World's Greatest Geological Wonders</i> (#11&12: Iguazu Falls; Mammoth Cave)	7 pm –Quarantine Connection presents: PROJECT FUSION SAXOPHONE QUARTET Making Chamber Music Apart, Together <i>How do four musicians living in different states perform as one quartet? Let's go Backstage!</i>
Thursday 10/8	Exercise: Bonnie 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Pilates ♥ 11:15 Outdoor Chair Yoga	<i>Downton Abbey</i> (Season 2, #7)	7 pm– West Wing: Season 2, Disc 1 Episode 3: "The Midterms"
Friday 10/9	Exercise: Jo 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Chair Yoga	<i>The Holy Land Revealed</i> (#15&16: Qumran, Dead Sea Scrolls, Essenes)	7 pm – Doc Martin: Series 1 Disc 2 Ep. 4 — The Portwenn Effect
Saturday 10/10			7 pm - Movie: "Leave no Trace" 2018 PG/Drama

*Outdoor Chair Yoga – Sign up Sheet due to limited seats; call the Fitness Center to sign up 610-359-4514.