

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**
Brandon Jolly, Director of Health Services

Re: **CONTINUED UPDATE RE: COVID-19**



October 23, 2020

General Updates:

Mail-In and Absentee Ballots:

All information provided is as posted on the Delco website: www.delcopa.gov.

If you have received your mail-in ballot and are voting by mail, you are urged to mail your ballot as soon as possible. Your mail-in or absentee ballot must be postmarked by November 3, 2020.

Ballot drop boxes began accepting ballots on Tuesday, October 20, and ballots can be dropped off 24/7 through Election Day (Tuesday, November 3rd) at 8:00 p.m. Drop boxes nearest to Dunwoody are:

- Edgmont Township Building, 1000 Gradyville Road, Edgmont, PA 19073
- Haverford Administration Building, 1014 Darby Road, Havertown, PA 19083
- Marple Public Library, 227 S. Sproul Road, Broomall, PA 19008
- Media Borough Hall, 301 N. Jackson Street, Media, PA 19063
- Radnor Township Building, 301 Iven Avenue, Wayne, PA 19087
- Upper Providence District Court Building, 935 N. Providence Road, Media, PA 19063

Drop-boxes are under camera surveillance. An inspector may be present at certain hours. Unless you have officially designated an authorized agent, you MUST deliver your own ballot. Mail-in or absentee ballots may also be returned to the Delaware County Bureau of Elections, the Media Government Center, 201 W. Front Street, Media, PA 19063.

If you change your mind about a mail-in or absentee ballot and decide to vote in person: you MUST bring your ballot in its mailing envelope to your designated polling place on November 3rd and inform the poll worker that you would like to spoil your ballot and vote in-person instead. You will surrender your mail ballot to the Judge of Elections. You can then cast a regular in-person ballot. **IF YOU DO NOT HAVE YOUR MAIL-IN BALLOT TO SURRENDER AT YOUR POLLING PLACE, YOU MAY CAST A PROVISIONAL BALLOT.** This will be counted **ONLY** if the Bureau of Elections does not receive the mail-in/absentee ballot that was sent to you.

Care Center Updates:

COVID-19 Testing:

On Monday, October 19th, we again began testing all Care Center residents and staff. All Care Center residents' results that have been returned tested negative; 3 are pending. Staff results are pending.

In accordance with the Department of Medicare and Medicaid Services (CMS) requirements:

Care Center regulations and visitation will remain at Phase I Reopening (as posted to our website on Friday, September 25, 2020) until all staff and residents continue to test negative for a 14-day period. We will test on a weekly basis until there is a 14-day window where there are no positive results.

Residential Updates:

SCAM Alert – Amazon FAKE E-Mails:

Hackers are sending out e-mails that appear to be generated by Amazon. It looks like an authentic Amazon e-mail and says: “your recent order cannot be shipped,” with a click here link. **This is an attempt to capture your personal and credit card information. Do not open the e-mail, do not click the link.** Amazon recommends that if you need to check on the status of an order, log into your Amazon account direct; do not click any links. In addition to fake Amazon e-mails, there are e-mails that appear to be generated from other major retailers and even your bank. A survey sent to your e-mail address may also be an attempt to hack your account. With increased on-line sales, the holidays are a prime time for criminals to generate scams. DO NOT click a link. Log on to the website direct. If you are not sure what to do, please call Marketing or Administration. An offer of free gift-cards, lottery winnings, and “found money” are also scams. You will never be asked to provide a payment or credit information for something that is “free!”

Technology Helpdesk:

Kayla McFadden, who can be reached at 610-723-4601 or email: kmcfadden@dunwoody.org is the point person if you have a technology issue. Call Kayla to log an issue. She will track the issue and assign it to a team member.

Visitation, Including *Essential Services*:

Please remember that ANY and ALL types of visitation must be approved and made a minimum of one day (Monday through Friday) in advance. Contact Kayla in Marketing at 610-723-4601 to schedule! **The Lobby area is common space with a high volume of traffic. It is not permissible to meet with family members or someone providing a service or consultation in the Lobby area.** With approved vendors and staff members needing to check in and out, the number of persons in the Lobby can quickly become congested if you are sitting with a visitor. The lack of ability to social distance in the Lobby area may place residents and others at risk. We greatly appreciate your understanding and cooperation!

Masks:

Properly fitted masks must cover both the nose and mouth. If your mask is not properly fitted, it provides no protection for you or others! Clean cloth masks on a daily basis and do not wash disposable masks.

Travel Restrictions:

As reported on the PA Department of Health website 10/16/2020, **25** states remain on the restricted travel list: Alabama, Alaska, Arkansas, Florida, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, North Carolina, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, Utah, Wisconsin and Wyoming. If you travel to these states, you must quarantine at home 14 days upon return. Please note that the states listed for restricted travel can change on a daily basis. The most recent updates can be found on www.health.pa.gov.

Friday, October 23, 2020

To: All Residents
From: Connie Stuckert, President, DVRA
Re: Upcoming Channel 1970 Programs, etc.

This will be my last column for a while. I started writing these short epistles 30 weeks ago, in the beginning of April. At the time, we were under serious lockdown and had lost most means of both casual and “official” communication with each other. As we hunkered down in our residences and tried to learn Zoom, we were missing dining with friends, exercise classes, the sociability of the lobby and lounge, the library, arts and crafts, committee meetings, town halls, Residents Association meetings, and so much more. I saw a need to fill the void, both with “Kathy and Connie Talk” and also with these weekly missives. Both were designed to provide information and encouragement with a light touch. I hope they succeeded, at least in some small way. Life is far from perfect now, but it is vastly improved and hopefully will stay that way. Independent living has been free of coronavirus for four months. We have been blessed with good weather and can now meet friends at the social circles and in the newly formed men’s and women’s groups. We can go off site if we’re careful about it and follow the rules. Ditto with having friends or family come on site. While the dining room is still closed, the Grill is open again, as is the Library, Arts & Crafts Room, Woodshop, Gift Shop, Fitness Center, pool, and game room—all with restrictions, but useable nonetheless. Many committees are meeting again, both “in person” and via Zoom. Regular Residents Association meetings are back (on 1970), as are Town Halls. Of course masks, hand washing, and social distancing are still the orders of the day. In view of all these positive changes, I don’t think this column is needed any more and quite frankly, I’d like a bit of a break.

Now we prepare for winter, a coronavirus spike (fortunately not yet, at least in this township), and groundbreaking on the new construction. Inevitably we will, to a certain extent, crawl back into our caves, but let’s do what we can, and sustain each other however we may. If the need pops up for another column, I will write it. In the meantime, “*illegitimi non carborundum sunt...*” (translation provided on request...).

PLEASE TURN OVER TO SEE THE 1970 SCHEDULE FOR NEXT WEEK

CHANNEL 1970

October 25– October 31, 2020

10/25-10/31	Morning	Afternoon	Evening
		<p>*All showings are at 2 pm, unless otherwise noted</p>	
<p>Sunday 10/25</p>		<p>2 pm: 2 PM Rev. Robert Kinzel, Pastor Blue Church, Springfield 3 pm: "Swing Away" 2016 98 min. Adventure, Comedy: Elizabeth Shannon, John O'Hurley</p>	
<p>Monday 10/26</p>	<p>Exercise: Cathy 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength ♥ (♥ Similar to one in Fitness Class before Covid)</p>	<p><i>The World's Greatest Geological Wonders (#21&22: Majestic Fjords; Rock of Gibraltar)</i></p>	<p>7 PM – 7 PM: The Civil War: A film by Ken Burns Episode 6: Valley of the Shadow of Death (1864)</p>
<p>Tuesday 10/27</p>	<p>Exercise: Julie 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength ♥ 11:15 Outdoor Chair Yoga*</p>	<p><i>Keeping Up Appearances</i></p>	<p>7 pm – 7 PM: Movie: "Ragtime" 1981 155 min Drama: James Cagney, Howard Rollins Jr, Moses Gunn, Elizabeth Govern</p>
<p>Wednesday 10/28</p>	<p>Exercise: Bonnie 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥ 11:15 Outdoor Chair Yoga*</p>	<p><i>The World's Greatest Geological Wonders (#23&24: Bay of Fundy; Hawaii)</i></p>	<p>7 pm – 7:00 PM: Berlin Symphony Richard Wagner: Tristan und Isolde: Prelude to Act 1 and Liebestod 21 min. Olivier Messiaen: Turangalila Symphonie 81 min. Pierre-Laurent Aimard, piano Tristan Mural, Ondes Martenot</p>
<p>Thursday 10/29</p>	<p>Exercise: Bonnie 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Pilates ♥ 11:15 Outdoor Chair Yoga Marc Shay-Memorial Garden 10:00 Outdoor Tai Chi 10:45 Outdoor Tai Chi</p>	<p><i>Downton Abbey (Season 2, #10)</i></p>	<p>7 pm– West Wing: Season 2, Disc 2: Episode 6: "The Lame Duck Congress"</p>
<p>Friday 10/30</p>	<p>Exercise: Jo 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Chair Yoga</p>	<p><i>The Holy Land Revealed (#21&22: Herod to Pilate; Galilee)</i></p>	<p>7 pm – Doc Martin: Series 2 Disc 1: Episode 1—"Old Dogs"</p>
<p>Saturday 10/31</p>			<p>7 pm - Movie: 7 PM Movie: "Guess Who's Coming to Dinner" 1967 PG 108 min Comedy, Drama</p>

*Outdoor Chair Yoga – Sign up Sheet due to limited seats; call the Fitness Center to sign up 610-359-4514.