

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**  
**Brandon Jolly, Director of Health Services**

Re: **CONTINUED UPDATE RE: COVID-19**



**November 20, 2020**

**Care Center Updates:**

**Visitations:**

To schedule a window visitation for Skilled or Personal Care residents, please contact Jennifer Barrall, Dunwoody at Home Office Manager, at 610-359-4445 or [jbarrall@dunwoody.org](mailto:jbarrall@dunwoody.org). Hopefully, we will soon be able to return to on-site visitation for the Care Center.

**COVID-19 Testing and Guidelines:**

The Dunwoody Care Center has had no new residents test positive for Covid-19 in the past two weeks; however, the resident who tested positive in personal care over two weeks ago remains in the hospital. Our thoughts and prayers are with this resident and the family. In-person, scheduled and monitored visits in the Care Center will continue to be restricted due to one employee testing positive for Covid-19 during regular, weekly staff testing the week of 11/16/20. This staff member has been asymptomatic to date. Thanks to Wes Kuehnle and his team, we have created two easy-to-access areas from the outside for visitors to come indoors to visit with their loved ones living in the Care Center. The areas are climate-controlled and will provide indoor window visitation throughout the cold months. Voice amplification systems have also been installed to make visiting more enjoyable for both residents and families. Weekly testing of residents and staff will continue through the holidays due to the current Covid-19 positivity rate in Delaware County, which is currently 9.9%. Any county positivity rate over 5% requires weekly testing and the positivity rate is likely to stay above 5% through the holidays based on the number of cases medical experts are seeing locally. The Center for Disease Control, (CDC) and the Pennsylvania Department of Health are strongly encouraging nursing home and personal care residents not to go to their families' homes during the holidays. Based on the medical direction we are receiving, this is also Dunwoody's position. We know the holidays are going to be different this year, and we want to do everything that we can do to ensure a safe and happy holiday season for all of our residents and their families and our staff. Happy Thanksgiving from the Care Center Team!

Sincerely,  
Brandon Jolly  
Director of Health

**Residential Updates:**

**Holiday Sale:** The floral studio's Holiday Sale originally announced for December 2<sup>nd</sup> will NOT take place on that date. We will update everyone as soon as possible with a new date.

**Book Review Notices:**

The book review originally scheduled on Channel 1970 for yesterday, November 19<sup>th</sup> was rescheduled due to the *Connie & Kathy Show*. *The Mayflower Compact* and *Stepping Stones: The Pilgrims’ Own Story* (compiled and edited by Adelia White Noston and Robert Carver Noston), will be reviewed by Jorie Nailor on Tuesday, November 24<sup>th</sup> at 4:00 p.m.

**Fitness & Exercise Classes on Thanksgiving Day:**

In celebration of the Thanksgiving Holiday on Thursday, November 24<sup>th</sup>, there will be no exercise classes on Channel 1970 and the Fitness Center and Pool will be closed.

**Visitation, Including Essential Services:**

Please remember: unless deemed essential and pre-approved by Administration, NO visitation of any kind (including family members or outside vendors) is currently permitted in any of our residents’ apartments, country houses or Penrose carriage homes. When a visitation or service provider is approved, the person(s) MUST first report to the front desk reception area for screening before going to the residence. Please remember to wear a properly fitted mask whenever someone is providing housekeeping, maintenance, or other types of service inside of your residence. **Properly fitted masks must cover both the nose and mouth.** *Residents, please note: If your service provider is other than a Dunwoody staff member and is not wearing a name tag, this provider has NOT checked in at the Reception Desk for screening!*

**Masks Required:**

Reminder: Properly fitted masks are required when leaving your apartment and walking anywhere throughout the facility. Some residents have suggested hanging a clean mask near your door so that it is readily available when leaving the apartment.

**Holiday Meal Times:**

**Thanksgiving – 12:00 noon – 1:30 p.m.**

Christmas Eve – regular dinner service time	Christmas Day -- 12:00 noon – 1:30p.m.
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New Year’s Eve -- regular dinner service time	New Year’s Day – 12:00 noon – 1:30 p.m.
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Fill out your menu choices as you currently do. Service is either To-Go meal home delivery or pick up at the Village Grill. Note your choice on your return menu. If you would like a Holiday meal and are not on the meal plan, the meal cost is \$15.00.

**Travel Restrictions – PA Department of Health: [www.PA.gov](http://www.PA.gov)**

**By Order issued November 17, 2020, as of 12:01 a.m. today, Friday, November 20, 2020: Travelers entering PA from other countries or states as well as Pennsylvanians who are returning home from other countries or states are required to have a negative COVID-19 test within 72 hours prior to entering the Commonwealth of PA or quarantine for 14 days upon entry into PA.** Individuals travelling for work, medical reasons, or military order are exempt.

CHANNEL 1970

November 22– November 28 2020

11/22-11/28	Morning	Afternoon	Evening
		<b>*All showings are at 2 pm, unless otherwise noted</b>	
<b>Sunday 11/22</b>		<b>2 pm:</b> Rev. Tom Ebersole, Wayne United Methodist Church <b>3 pm Movie:</b> “The Lady in the Van” Maggie Smith, Alex Jennings, Jim Broadbent 2015 PG 104 min Biography, Comedy, Drama	
<b>Monday 11/23</b>	Exercise: <b>Cathy</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength ♥ (♥Similar to one in Fitness Class before Covid)	<i>The World’s Greatest Geological Wonders (35, 36: Geologic &amp; Planetary Wonders)</i>	7 PM – “The Truth About the Confederacy” (YouTube video)
<b>Tuesday 11/24</b>	Exercise: <b>Julie</b> 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength ♥ 11:15 <b>Indoor</b> Chair Yoga*	<b>4 pm</b> - Book Review: Jorie Nailor on <i>The Mayflower Compact &amp; Stepping Stones: The Pilgrims’ Own Story</i> (Compiled and edited by Adelia White Notson and Robert Carver Notson)	7 pm Movie – “Charade” Cary Grant, Audrey Hepburn, Walter Matthau 1963 PG/113 min Comedy, Mystery, Romance
<b>Wednesday 11/25</b>	Exercise: <b>Pat</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥ 11:15 <b>Indoor</b> Chair Yoga*	<i>The Holy Land Revealed (29, 30: Herod’s Desert Palace; Flavius Josephus &amp; Mass Suicide)</i>	7 pm – Berliner Philharmoniker Concerto for Sitar and Orchestra NO. 2 “Raga Bala” by Ravi Shankar (Performed on 05 Mar, 2017) Conductor: Zubin Mehta Sitar: Anoushka Shankar
<b>Thursday 11/26</b>	<b>No Classes due to Thanksgiving holiday</b>	<i>Downton Abbey (3, 4)</i>	7 pm – West Wing: Season 2, Disc 3: Episode 10: “Noel”
<b>Friday 11/27</b>	Exercise: <b>Jo</b> 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 <b>Indoor</b> Chair Yoga	<i>The Holy Land Revealed (31, 32: Second Jewish Revolt; Roman Jerusalem)</i>	7 pm – Doc Martin: Series 2 Disc 2: Episode 4 – “Aromatherapy”
<b>Saturday 11/28</b>			7 pm Movie – “Adrift” Shailene Woodley, Sam Claflin, Jeffrey Thomas 2018 PG 96 min Action, Adventure, Biography

\*Indoor Chair Yoga – Indoor Chair Yoga. Please sign up by calling Fitness Center 10 maximum in the Auditorium

\*\* Berliner Philharmoniker Concerto for Sitar and Orchestra NO. 2 “Raga Bala” by Ravi Shankar (Performed on 05 Mar, 2017) Conductor: Zubin Mehta Sitar: Anoushka Shankar