

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**  
**Brandon Jolly, Director of Health Services**

Re: **CONTINUED UPDATE RE: COVID-19**



**November 06, 2020**

**Care Center Updates:**

One resident in our Personal Care tested positive for Covid-19 on 11/4/20. This resident is currently doing fine, was asymptomatic, and will be quarantined upon return to Dunwoody. We tested all personal care residents and employees who live/work in Personal Care on Monday, 11/2/20 and will retest all residents and staff again on Friday, 11/6/20 and then again on Monday, 11/10/20. Several tests results from the Monday, 11/2/20 testing date are pending; however, we should have results on Friday, 11/6/20. The personal care unit has been restricted to all staff and visitors unless they are providing essential resident services or for visitors during compassionate visits. Skilled Nursing currently has no Covid-19 positive residents.

**Positivity Rate and Main Line Health Update:**

As of November 3, 2020, Delaware County's Covid-19 positivity rate is 5.8%; up from 4.4% the prior week. Any positivity rate above 5% puts a county in the "yellow level of risk". Delaware County is now in a yellow level of risk due to our positivity rate of 5.8%. The significant rise in the positivity rate is increasing the risk associated with being around other individuals by going off-campus and being in small group settings. The weekly call with the Main Line Health System revealed that COVID-19 admissions in their four acute care hospitals and one acute rehab center are up to 60 hospitalized covid-19 cases; up from 35 positive cases the prior week. Dr. Mark Ingerman, head of infectious disease for the health system, continues to strongly encourage reevaluating plans for the upcoming holidays and consider not joining family and friends for social gatherings.

We realize just how difficult the decision not to be with family and friends for the holidays may be, but these are unprecedented times and safety should be our top priority. As always, we must continue to be vigilant by wearing masks, social distancing and washing hands frequently to protect ourselves as well as others.

**Visitations:** To schedule a window visitation for Skilled or Personal Care residents, please contact Jennifer Barrall, Dunwoody at Home Office Manager, to schedule the visit. Jennifer may be reached at 610-359-4445 or [jbarrall@dunwoody.org](mailto:jbarrall@dunwoody.org). Hopefully, we will soon be able to return to on-site visitation for the Care Center.

**COVID-19 Testing:**

For the week of October 26 – 30, 2020: All Care Center residents tested were negative. All Care Center staff tested negative, except one who tested positive and is being monitored and at home in isolation. We again began testing all Care Center residents and staff on Monday, November 2<sup>nd</sup>.

In accordance with the Department of Medicare and Medicaid Services (CMS) requirements: Care Center regulations and visitation will remain at Phase I Reopening (as posted to our website on Friday, September 25, 2020) until all staff and residents continue to test negative for a 14-day period. We will test on a weekly basis until there is a 14-day window where there are no positive results.

## **Residential Updates:**

**Important Notice:** Unfortunately, the county COVID positivity rating has increased, PA is now in yellow status. Advice from our medical director, Dr. Lawrence, and the infectious disease specialists at MLH hospitals and the MLH- Jefferson Rapid Response Health Collaboration Program (RRHCP) have provided best practice guidance for residents returning from hospital admissions. Guidance is that all residents who have returned from a hospital admission should remain quarantine for 14 days from the first date of their COVID test in the hospital. The nursing staff will be able to find out the date of your original test so that you are quarantined no longer than necessary. In order to keep the entire community as safe as possible, your housekeeping will resume after your quarantine period has ended. Of course, if you need linens, they will be delivered. Thank you for your understanding during these strange times.

## **HOLIDAY MEAL TIMES:**

### **Thanksgiving – 12:00 noon – 1:30 p.m.**

Christmas Eve – regular dinner service time

Christmas Day -- 12:00 noon – 1:30p.m.

New Year's Eve -- regular dinner service time

New Year's Day – 12:00 noon – 1:30 p.m.

Fill out your menu choices as you currently do. Service is either To-Go meal home delivery or pick up at the Village Grill. Note your choice on your return menu. If you would like a Holiday meal and are not on the meal plan, the meal cost is \$15.00.

## **Visitation, Including Essential Services:**

Please remember: unless deemed essential and pre-approved by Administration, NO visitation of any kind (including family members or outside vendors) is currently permitted in any of our residents' apartments, country houses or Penrose carriage homes. Please remember to wear a properly fitted mask whenever someone is providing housekeeping, maintenance, or other types of service inside of your residence. Properly fitted masks must cover both the nose and mouth.

## **Reminder: Veteran's Day Recognition**

As part of Dunwoody's Veteran's Day recognitions, we would like to compile photos of as many Veterans as possible. If you have a photo, in uniform, please either send a digital copy via email to Monica [mknauss@dunwoody.org](mailto:mknauss@dunwoody.org) or bring a printed photograph to the Marketing Office to be scanned. If you don't have a photo in uniform, we can use a more recent photo of you as well. The deadline for submitting photos is Friday, November 6<sup>th</sup>.

## **Dunwoody Strong!**

Stay fit! Call 610-359-4514 to schedule pool or fitness times or to join yoga and Tai Chi.

*Pool:* Monday through Friday 8:00 am – 4:00 pm (closed 12:00 – 1:00) and Saturday 9:00am – 1:00 pm

*Fitness Center:* Monday through Friday 8:00 a.m. – 4:00 pm (closed 12:00 – 1:00)

*Yoga:* Tuesday, Wednesday and Thursday in the Memorial Garden at 11:15 a.m.

*Tai Chi:* Thursday in the Memorial Garden at 10:00 a.m. and 10:45 a.m.

### **Religious Services:**

Sunday religious services are being held in the auditorium at 2:00 p.m. on Sundays. The officiant will be noted on the Channel 1970 schedule. A maximum of 25 persons (including officiant and any persons who may assist) are permitted in the auditorium. Because attendance has been approximately 10 people, tickets are not required at this time but may be should attendance increase. Please keep social distance and wear masks. Music is permitted, but no singing at this time please.

### **Walk to End Alzheimer's Raffle:**

Raffle tickets for the Walk to End Alzheimer's baskets that are on display in the Main Lobby may be purchased through Kayla in our Marketing Department. Raffle tickets will be drawn today, November 6<sup>th</sup>, at 3:00 p.m.

### **Connie and Kathy Back by Popular Demand!**

Due to the many requests received from residents, the *Connie and Kathy* show will return live and broadcast on Channel 1970 on **Thursday, November 19<sup>th</sup> at 4:00 p.m.!** The show will follow the original format. Please email, or mail a note (no phone calls please) to Connie Stuckert by Monday, November 16<sup>th</sup>. Connie will provide Kathy the questions to be answered during the broadcast.

### **Travel Restrictions:**

According to the PA Department of Health website, as of 11/02/2020, **there are now 31 states on the restricted travel list.** If you have traveled to any of these states or areas that are considered a hot spot, you are required to isolate for 14 days upon return: Alabama, Alaska, Arkansas, Colorado, Florida, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Mexico, North Carolina, North Dakota, Oklahoma, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Wisconsin, and Wyoming.

CHANNEL 1970

November 8– November 14 2020

11/8-11/14	Morning	Afternoon	Evening
		<b>*All showings are at 2 pm, unless otherwise noted</b>	
<b>Sunday 11/8</b>		<b>2 pm:</b> Rev. Dennis Brice (retired), Church of Scotland <b>3 pm Movie:</b> "La Dolce Vita" Marcello Mastroianni, Anita Ekberg 170 min. Comedy, Drama	
<b>Monday 11/9</b>	Exercise: <b>Cathy</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength ♥ (♥ Similar to one in Fitness Class before Covid)	<i>The World's Greatest Geological Wonders (#29 &amp; #30: Dead Sea; Salar de Uyuni)</i>	7 PM – The Civil War: A film by Ken Burn: Episode 8: War Is All Hell (1865)
<b>Tuesday 11/10</b>	Exercise: <b>Julie</b> 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength ♥ 11:15 Outdoor Chair Yoga*	<b>1 pm:</b> Current Events: <i>Artificial Intelligence &amp; Data</i>	7 pm –DVRA
<b>Wednesday 11/11</b>	Exercise: <b>Pat</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥ 11:15 Outdoor Chair Yoga*	<i>Warfel Construction Welcome (11 minutes)</i> <i>Keeping Up Appearances (29&amp;30)</i>	6 pm – One hour of Patriotic Music 7 PM – "The Great Escape" 1963 PG/Adventure, Drama, History
<b>Thursday 11/12</b>	Exercise: <b>Don Nee</b> 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Pilates ♥ 11:15 Outdoor Chair Yoga <b>Marc Shay-Memorial Garden</b> 10:00 Outdoor Tai Chi 10:45 Outdoor Tai Chi	<i>Downton Abbey (Season 3, #3)</i>	7 pm – West Wing: Season 2, Disc 2: Episode 7: "The Portland Trip"
<b>Friday 11/13</b>	Exercise: <b>Jo</b> 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Chair Yoga	<i>The Holy Land Revealed (#25 &amp; 26: Tombs in Jerusalem &amp; At the Time of Jesus)</i>	7 pm – Doc Martin: Series 2 Disc 1: Episode 2—"In Loco"
<b>Saturday 11/14</b>			7 pm Movie "Marnie" (Alfred Hitchcock) Sean Connery, Tippi Hendren, Martin Gabel 1964 PG 130 min Crime, Drama, Mystery

\*Outdoor Chair Yoga – Sign up Sheet due to limited seats; call the Fitness Center to sign up 610-359-4514.