

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**
Brandon Jolly, Director of Health Services

Re: **CONTINUED UPDATE RE: COVID-19**



January 22, 2021

Care Center Updates:

Covid-19 Vaccine

CVS Pharmacy was on-site on Thursday, January 14, 2021 and conducted Dunwoody Care Center's first of three Covid-19 vaccination clinics. All Care Center residents in both skilled nursing and personal care received their first step of the two-step vaccine. The second on-site Covid-19 vaccine clinic is scheduled for February 4, 2021. Residents will receive their second-step, "booster" vaccine at that time. Additionally, approximately 200 Dunwoody employees (front-line workers) received their first-step vaccine. It's an enormous relief to get the Community's vaccinations under-way. Dunwoody will also have a third vaccination clinic for Care Center staff and that date is yet to be determined.

County Positivity Rate:

Delaware County's Covid-19 Positivity Rate FINALLY dropped below 10% to 9.9%, but the decline has been extremely gradual. We are hopeful that the County positivity rate will continue to decrease. Delaware County will move from a "red-level" of risk for Covid-19 to a "yellow-level" of risk because the positivity rate is now below 10%. The number of cases being seen in area hospitals is relatively flat. Unfortunately, our skilled center continues to have positive cases, so nothing will immediately change related to precautions and visitation. Please keep in mind that the positivity rate could once again surpass 10% and with a rate of 9.9% we are nowhere near being "out of the woods".

Status of Positive Cases in the Care Center:

We currently have a total of 9 "Active" COVID-19 positive residents in the skilled center on all four units: Dundale, Pavilion, Patten and Fairlee. 4 additional residents are currently in the hospital being treated. Of the 36 residents who previously tested positive, (18) are past day 14 of their positive test and 21 of the total of all 36 residents who have tested positive since December 14, 2020 are doing well. Five residents have passed away since December 14, 2020. The units are closed to all access, except for essential staff needed to provide care to residents on the units. All units are currently under strict infection control precautions. Some of those positive cases came to the Care Center through independent living and one through personal care. Residents are categorized as recovered as soon as they are past day 14 from the date of their positive test and they are symptom-free.

No new residents in personal care have tested positive since December 23, 2020. We had 4 new staff identified with positive test results since the last update. The Care Center is very focused on routine disinfecting, personal protective equipment compliance and hand-washing with staff and residents.

Testing:

All residents and Care Center staff are being tested twice per week until Covid-19 positivity rates for Delaware County drop below 10%. Since the county rate is so close to 10%, currently at 9.9% we will continue twice per

week testing of staff and residents. If the rate drops once again, we will consider moving to once weekly testing as regulation directs us.

Residential Updates:

Vaccines for Residential Residents:

Dunwoody Village has been informed by CVS that our first clinic date for the COVID-19 vaccine distribution by CVS is scheduled for February 11, 2021. The initial memo and forms have been delivered to each of our on-site residents, and off-site contract residents have been contacted. If you need assistance in filling out your forms, our staff will assist you as they collect the forms from your area of residence as scheduled:

Penrose Carriage Homes

Monday 1/25 9:00 a.m. – 12:00 p.m. PR 501 -- PR 520
Tuesday 1/26 1:00 p.m. – 3:00 p.m. PR 521 – PR 540

All West Country Houses

Tuesday, 1/26 – 9:30 a.m. – 11:30 a.m.

All East Country Houses

Wednesday 1/27 -- 9:30 a.m. – 11:30 a.m.

Village Apartments

Monday 1/25 10:00 – 12:00 **Sections:** F 100, F 200, H 200, H 300
Monday 1/25 10:00 – 12:00 **Sections:** B 100, B 200, D 100, D 200
Wednesday 1/27 1:00 – 3:00 **Section:** A 200
Wednesday 1/27 1:00 – 3:00 **Sections:** A 300 and E 300
Thursday 1/28 10:00 -- 12:00 **Sections:** C 100, C 200, G 200
Thursday 1/28 10:00 – 12:00 **Sections:** E 200 and G 300
Thursday 1/28 1:00 -- 3:00 **Sections:** J 300, J 400, J 200

If your Medicare or primary insurance information is currently on file, we will use that information to check the information on your form. If you know your primary doctor's name but do not know the address, our staff will check that information and fill it in after your form is collected. In order to discourage residents from congregating in the hallway, our staff will collect the information from your doorway. Please be ready at the

time indicated on the schedule listed above and PLEASE be patient as some residents might need additional assistance at the time of collection. Please remember to wear your mask when meeting staff at the doorway to your residence.

Health & Wellness Update:

Social Worker Erin Price has been contacted by Villanova ReachOut, a program instituted to help decrease the feeling of social isolation among seniors in Delaware County. ReachOut provides friendly calls by a student (mostly nursing majors) volunteer to older adults who may be feeling socially isolated. Calls are approximately 20-30 minutes weekly at a mutually agreed upon time and frequency between the older adult and student. No medical advice is provided. If interested, please contact Erin Price at 610-707-4898 or eprice@dunwoody.org, and Erin will pass along your information to ReachOut.

Current Affairs:

Current Affairs (now being offered on ZOOM) had a slight change in the 2021 schedule. All ZOOM meetings will begin at 1:00 p.m. and the new schedule is:

February 2 – Persian Gulf Security

February 16 – Brexit

March 2 – Korean Peninsula

March 16 – International Organizations and the Pandemic

Gift Shop Appointments:

Starting Tuesday, January 26th, our gift shop will be open by appointment only on Tuesday and Thursday from 11:00 a.m. – 12:00 p.m. Only 1 person will be admitted at a time. To make an appointment, call Curt Sayers at 610-359-4492 or e-mail: csayers@dunwoody.org.

Fitness Center Reopens!

Our Fitness Center will reopen for resident use on Thursday, January 21st! Use of the Fitness Center is by appointment only and must be scheduled in advance. Hours are 8:00 a.m. – 4:00 p.m. (closed 12:00 p.m. – 1:00 p.m.) and will be limited to 2 persons per 45-minute time slots. Call the Fitness Center to schedule an appointment 610-359-4514. We are working to re-open pool use and will update everyone as soon as possible.

Pool Reopens:

The pool will open Monday, January 25th. Please contact the Fitness Center to make your appointment. Two people per time slot will be permitted.

Construction Update:

Warfel is installing the storm sewer and building footers for the stair tower. They are finishing interior demolition and will be adding “weather protection” to the walls on the outside of the new partition.

Residents and employees are not permitted to enter the construction site or engage the construction workers.

Since demolition is occurring, the former Lounge area is off-limit for the safety of residents. If residents have questions, please contact Administration or the Resident Communication Committee who will work to provide answers.

Travel Restrictions – PA Department of Health: www.PA.gov

By Order issued November 17, 2020, as of 12:01 a.m. Friday, November 20, 2020: Travelers entering PA from other countries or states as well as Pennsylvanians who are returning home from other countries or states are required to have a negative COVID-19 test within 72 hours prior to entering the Commonwealth of PA or quarantine for 14 days upon entry into PA. Individuals travelling for work, medical reasons, or military order are exempt. This travel restriction to and from ALL states remains in effect until further notice.

Friday, January 22, 2021

To: All Residents
From: Connie Stuckert, President, DVRA
Re: Upcoming Channel 1970 Programs, etc.

Yea! The vaccine is coming! Only 20 days until we get our first shot, assuming there are no supply-side issues that cause a delay or cancellation. I am hopeful; the new federal administration seems to be moving swiftly to correct problems in manufacture and distribution. If all goes well, two or three weeks after we get the second shot life should look more nearly normal. I'm told it takes that long for full immunity to build up, making late March (give or take a bit) look really good. My feelings of hope and relief are bounding upward by the day, and I imagine yours are, too. In the meantime, be extra careful. The new U.K. strain of the virus, which is 70% more contagious than the original strain, has been found in our area and is just waiting for an opportunity to strike. Keep those masks on, wash those hands, socially distance, avoid outsiders, and stay out of stores as much as possible. It won't be much longer. Extra care is warranted; who wants to get sick at the last minute?

Construction continues apace, but most of us can no longer see it, as the barriers are now fully up. There are windows in the barriers, but they are tiny, and very few. However, I can see that the pile of debris in Kathy's old office is about twice the size it was last week. The Lincoln dining room is a shadow of its former self. The residents on the east side of the A & J corridors have a grandstand view of the work outside, so they see more than the rest of us. That's an advantage. The disadvantage is that they are far more exposed to noise, vibration, and dust. Unpleasant, but temporary.

You will see from the 1970 schedule for the coming week that exercise classes scheduled for 11:15 – 11:45 (Tai Chi and Yoga) have been cancelled because the auditorium is needed for staff lunches starting at 11. Afternoon offerings highlight the beginning of a new series, "The Celtic World", to be shown on Monday and Wednesday. Sal Caltabiano gives Part II of his book review, "China: a New History", on Thursday. Movies this week include "Hope Springs" on Sunday, "Indiscreet" on Tuesday, and "84 Charing Cross Road" on Saturday. The Berlin Philharmonic returns on Wednesday. Monday evening features the documentary, "Eyes on the Prize: America's Civil Rights Years 1954-1965". And there's more. You won't run out of things to see.

PLEASE TURN OVER TO SEE THE 1970 SCHEDULE FOR NEXT WEEK

CHANNEL 1970

January 24– January 30 2021

1/24-1/30	Morning	Afternoon	Evening
		*All showings are at 2 pm, unless otherwise noted	
Sunday 1/24		Movie: "Hope Springs" Meryl Streep, Tommy Lee Jones, Steve Carell 2012 PG 100 min Comedy, Drama, Romance	
Monday 1/25	Exercise: Cathi 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength ♥ (♥Similar to one in Fitness Class before Covid)	<i>The Celtic World, Prof. Jennifer Paxton (Who are the Celts?; The Celts & the Classical World)</i>	7 PM – * Documentary: Eyes on the Prize: America's Civil Rights Years 1954-1965 -- "Fighting Back (1957-1962)"
Tuesday 1/26	Exercise: Julie 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength ♥	<i>Downton Abbey, 4/4</i>	7 pm – "Indiscreet" Cary Grant, Ingrid Bergman, Cecil Parker 1958 100 min PG Comedy, Romance
Wednesday 1/27	Exercise: Pat 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥	<i>The Celtic World, Prof. Jennifer Paxton (Celtic Art, Artifacts, & Languages)</i>	7 pm – ** Berlin Philharmonic conductor: Emmanuelle Haim Suite from the Fairy Queen by Henry Purcell
Thursday 1/28	Exercise: Bonnie 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Pilates Class ♥	<i>Book Review: Sal Caltabiano discusses China: A New History by John Fairbank, part II</i>	7 pm – West Wing: Season 2, Disc 5: Episode 17: "The Stackhouse Filibuster"
Friday 1/29	Exercise: Jo Matey 9:00 Morning Stretch 9:45 Balance Class ♥	<i>How to Look at & Understand Great Art, Sharon Latchaw Hirsh (Modern Painting; Subject Matters)</i>	7 pm – Doc Martin: Series 3: Disc 1: Episode 1 "Tick Tock"
Saturday 1/30			7 pm Movie – "84 Charing Cross Road" Anne Bancroft, Anthony Hopkins, Judi Dench, Sean Connery, Martin Gabel 1994 PG 130 min Crime, Drama, Mystery

*This Emmy-winning documentary series from the PBS "American Experience" uses newsreel footage and narratives from famous and everyday people to take us inside the struggle for civil rights during the crucial years of 1954 through 1965.

** Music for the Royal Fireworks by George Frederic Handel Apollo e Dafne, Cantata for Soprano, Bass, Flute, Oboe, String and Continuo by George Frederic Handel, Soprano Lucy: Crowe, Bass: Florian Sempy