CHANNEL 1970

March 14 – March 20 2021

3/14-3/20	Morning	Afternoon	Evening
		*All showings are at 2 pm, unless otherwise noted	
Sunday 3/14		Movie: " The Lady Killers" (1955) 91 min PG Comedy, Crime Alex Guinness, Peter Sellers, Cecil Parke	
Monday 3/15	Exercise: Cathi 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength♥ (Similar to one in Fitness Class before Covid)	The Celtic World: Politics & Literature in Wales; Tudor Conquest of Ireland	7 PM – * "C.S. Lewis: The Magic Never Ends"
Tuesday 3/16	Exercise: Julie 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength♥	As Time Goes By, Series 2, Episode 7; Series 3, Episode 1	7 pm – Pete Smyser ensemble
Wednesday 3/17	Exercise: Bonnie 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class♥	The Celtic World: Rediscovering the Celts; The Gaelic Revival in Ireland	7 pm – A Vivaldi evening with Andrea Marcon and soloists of the Berliner Philharmoniker (Performance date: 13 Oct, 2012) Conductor: Andrea Marcon
Thursday 3/18	Exercise: Bonnie 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Pilates Class♥	** Book Review (See Below)	7 pm – West Wing: Season 3, Disc 1: Episode 3: "Manchester Part II", Episode 4: "Ways and Means"
Friday 3/19	Exercise: Jo Matey 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Indoor Chair Yoga	How to Look at and Understand Great Art: Rococo; Neoclassicism & Romanticism Revolutions.	7 pm – Doc Martin: Series 3: Disc 2: Episode 6 "Just the Two of Us"
Saturday 3/20			7 pm Movie – "The Professor and the Madman" (2019) 124 min NR Drama, Biography, History Mel Gibson, Sean Penn, Natalie Dormer

* Blurb: Ben Kingsley narrates this documentary on the life of C.S. Lewis, the world-renowned author (Chronicles of Narnia) and Christian writer of the 20th Century. Interviews include those with Lewis scholars and Debra Winger, who played his wife in the biopic Shadowlands. Lewis' book sales exceed 200 million. (57 minutes).

** Norma Winther will discuss Pandemic: A Brief History of Influenza, the Plague, Cholera, and Other Infectious Diseases That Have Changed the World: How They Started, How They Ended, and the Lessons Learned by Humanity by Theodore Preston.