

To: **Dunwoody Village Residents, Families and Staff**

From: **Kathy Barton, Director of Operations**
Brandon Jolly, Director of Health Services

Re: **CONTINUED UPDATE RE: COVID-19**



March 5, 2021

Care Center Updates:

County Positivity Rate:

Delaware County's Covid-19 Positivity Rate is now below 10% and as of 3/1/2021 and stands at 6.0%. The number of cases in Delaware County continues to decline, but the decline has been extremely gradual. Delaware County is in a "yellow-level" of risk because the positivity rate is now below 10%, but above the 5% threshold to move Delaware County to a "green-level". The number of cases being seen in area hospitals also continues to slowly decline.

Skilled Nursing:

We currently have a total of 0 "Active" COVID-19 positive residents in the skilled center. No residents are currently hospitalized for Covid-19. Our skilled center's last positive case was on 1/25/21. All skilled nursing units are currently at a "yellow level" of risk.

Testing:

All residents and Care Center staff are now tested once a week as of February 15, 2021.

Personal Care:

On March 2, 2021 during regular weekly Covid-19 testing one personal care resident on the Woodlea unit came back with "inconclusive" test results. Dunwoody and the Department of Human Services treats "inconclusive" test results as if they are positive unless and until a positive result can be ruled out. Care Center staff immediately conducted a Rapid Antigen Covid-19 test and the results came back negative. At the same time, we asked the lab to re-run their lab sample and they did. Once again, the result came back "inconclusive". The resident had previously received both vaccinations. Our Medical Director, Dr. Tom Lawrence reviewed the case with Main Line Health's Chief of Infection Control and their recommendation is that we quarantine the positive resident, but not other residents on the Woodlea unit. The positive resident has no symptoms and has a very low viral-load, but experts recommend taking an aggressive approach to ensure that we do everything within reason to limit the virus spread. All personal care residents will be retested on Thursday, March 4 and all direct care staff who provided care to the resident within the last ten days since the positive test result will be retested on Friday, March 5. Regular, weekly staff tests for the week of 3/1 have all come back negative. The resident did have recent exposure to others than staff so we are contact-tracing with known interactions. Residents on the Woodlea Unit will not be quarantined to their room, but they are quarantined to the unit. The inconclusive resident is being quarantined. No new staff members have tested positive since 1/28/21 and no staff are currently out of work due to exposure concerns. The Care Center continues to be very focused on routine disinfecting, personal protective equipment compliance and hand-washing with staff and residents

Covid-19 Vaccine:

All long-term Care Center residents in the skilled center and all personal care residents have been vaccinated with their second dose. We are working to develop plans to provide vaccines in an on-going manner through our pharmacy for short-term rehab residents, new independent-living residents and those employees who have not yet received the vaccination. Vaccine supply continues to be the major obstacle for vaccine distribution.

Care Center Visitation

Care Center visitation is conducted in our two specifically designed "Safe Visiting Areas" by appointment ONLY by a maximum of 2 visitors (16 or older) every 7 days for 30 minutes. All visitors, including fellow residents, must follow the proper protocol as listed in the February 22nd and February 26th memos posted on our website. To schedule a visit, please contact Jennifer Barrall at 610-359-4503 or jbarrall@dunwoody.org. Please keep in mind that if we have a new resident positive test or a new employee positive test visitation will again be further restricted.

Residential Updates:

Vaccine date:

Yesterday, Thursday, March 4th was our second dose vaccination clinic. We thank all residents for their outstanding cooperation and patience in making it a success! We will provide an update as soon as possible. Copies of your vaccine card will be kept in Health & Wellness should you need a copy.

Resident Check-in:

As most residents are aware, the old resident check-in system is no longer in service. As of Monday, March 8th you will have the option to check in by e-mail or phone. E-mail should be sent to checkin@dunwoody.org. If you do not use e-mail, please continue to call the front desk at 610-359-4400. Whether you are checking in by e-mail or phone, please complete your check-in by 12:00 noon. If not checked in by noon, a call will be made to your phone number on record. If there is no response, a security check will be conducted. We are working on a finding a new check-in system and thank you for your patience.

Construction Update:

Attached is the current update from Warfel.

Lecture:

March 18th at 2:00 p.m., Norma Winther will give a lecture on pandemics in history, based on the book: "A Brief History of Influenza, The Plaque, Cholera, and other Infectious Diseases That Have Changed the World; How They Started, How They Ended, and the Lessons learned by Humanity"

Current Event Change:

The Current Events lecture on the "Korean Peninsula" originally scheduled for March 16th will now be held on March 22nd at 1:00 p.m. on Zoom.

Gift Shop Hours:

Starting Monday, March 8th the Gift Shop will be open every Monday, Wednesday, and Friday from 11:00 a.m. until 2:00 p.m. A maximum of 3 persons are permitted at any one time. Masks must be properly worn. Cash, check, or on-account are acceptable payment.

Memo Change:

Starting the week of March 8th, the memo update will be provided once a week, on Tuesdays. On Fridays we will send the 1970 schedule and letter from the DVRA President. If we have information important to communicate, we will be sure to do a memo to provide you the necessary information.

Friday, March 5, 2021

To: All Residents
From: Connie Stuckert, President, DVRA
Re: Upcoming Channel 1970 Programs, etc.

One of our residents has asked me to write about change, because we are experiencing so much of it. And instability. And uncertainty. Look at everything we have been through and are still experiencing: the disruptions of a major construction project; the uncertainties of top-level management change; and, lurking over all else, the dangers presented by the coronavirus. It's a wonder we haven't all gone around the bend, but we haven't. We are adaptable, and resilient, and we can have hope for the future.

Several months ago I wrote about gratitude. It helps. So does courage, and the simple ability to keep putting one foot in front of the other. Our two worst enemies right now are impatience and fear. Having now received our second vaccine shot, we look forward to Liberation Day – March 18. Here's where impatience waits to trip us up. We will be more free than we are now, but caution, masks, and social distancing will still be necessary, at least in some circumstances. So much is yet unknown. Even if we are protected, can we make others sick? Are we adequately protected against the more aggressive and possibly more lethal variants surfacing from the UK, South Africa, and Brazil? Time will give us those answers, but we don't have them yet, so patience is required.

And of course these uncertainties create fear, which is especially likely to sneak up on us in those dark moments when we are tired, lonely, or not feeling well. Fear never helps us manage a situation. It's the bogeyman that lurked in our closet or under our bed when we were children. For our own mental health we need to banish it back to the closet from whence it came. But how? Recognize it. Name it. Tell it to leave. Breathe deeply, listen to music, read a book, paint a picture, talk to a friend. But don't dwell on it. Take control of it and find things that comfort you. You can be in charge of banishing your worst fears. Tomorrow is always another day, and a new day always brings possibilities for change of a good kind. We can do this. We are Dunwoody Strong.

Channel 1970 programming can be a helpful distraction. Afternoon programming continues with the beloved series we've been looking at for weeks: The Celtic World, As Time Goes By, Downton Abbey, and Great Art. Tuesday evening we have the monthly Residents Association meeting. On Monday there is an excellent documentary on William Shakespeare, while the West Wing and Doc Martin continue later in the week. Classical music on Wednesday offers the Sherman Trio playing Beethoven, Brahms, and Nino Roto. Only two movies this week, but they are good ones—"Magnificent Obsession" on Sunday, and "The Man Who Shot Liberty Valance" on Saturday.

PLEASE TURN OVER TO SEE THE 1970 SCHEDULE FOR NEXT WEEK

CHANNEL 1970

March 7 – March 13 2021

3/7-3/13	Morning	Afternoon	Evening
		*All showings are at 2 pm, unless otherwise noted	
Sunday 3/7		Movie: "Magnificent Obsession" (1954) 108 min PG Drama Romance Jane Wyman, Rock Hudson, Agnes Moorehead	
Monday 3/8	Exercise: Cathi 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength♥ (♥Similar to one in Fitness Class before Covid)	<i>The Celtic World: Celtic Women, Families, Social Structure; The Irish Sea World: Vikings</i>	7 PM – ** "William Shakespeare: A Life of Drama"
Tuesday 3/9	Exercise: Julie 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength♥	<i>As Time Goes By, Series 2, Episodes 5 & 6</i>	7 pm – DVRA
Wednesday 3/10	Exercise: Ida Ladner 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class♥	<i>The Celtic World: English Invasions of Wales & Ireland; Scotland from Macbeth to Braveheart</i>	7 pm – Sherman Trio: Moran Katz, Clarinet, Sophie Shao, cello, and Anna Polonsky, piano (Performing works by Beethoven, Brahms, and Nino Roto)
Thursday 3/11	Exercise: Jo Matey 9:00 Morning Stretch 9:45 Balance Class♥ 10:30 Pilates Class♥	<i>Downton Abbey, 4/9</i>	7 pm – West Wing: Season 3, Disc 1: Episode 1: "Isaac and Ishmael", Episode 2: Manchester Part I
Friday 3/12	Exercise: Bonnie Monastra 9:00 Morning Stretch 9:45 Balance Class♥ 10:30 Indoor Chair Yoga	<i>How to Look at and Understand Great Art: Mannerism; Going Baroque</i>	7 pm – Doc Martin: Series 3: Disc 2: Episode 5 "Breaking Up is Hard to Do"
Saturday 3/13			7 pm Movie – "The Man Who Shot Liberty Valance" (1962) 123 min PG Drama, Western James Stewart, John Wayne, Vera Miles

** This documentary tracks clues to Shakespeare's identity, from his youth in Stratford-on-Avon and his marriage to an older woman to the night of carousing that led to his death at age 52, after his astonishing 20- year career as a playwright and actor.