

CHANNEL 1970

May 2 – May 8 2021

5/2-5/8	Morning	Afternoon	Evening
		*All showings are at 2 pm, unless otherwise noted	
Sunday 5/2		2 PM Movie – “The Devil Wears Prada” Meryl Streep, Anne Hathaway, Adrian Grenier 2006 PG 109 min Comedy, Drama	
Monday 5/3	Exercise: Marc Shay 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class 11:15 Outdoor Tai Chi	<i>Jewish Intellectual History: Jewish Law; American Judaism (episode 19 &20)</i>	7 PM Documentary – ** "The Soul of the Elephant" 60 min. (subtitles)
Tuesday 5/4	Exercise: Jo Matey 9:00 Morning Stretch 9:45 Personal Care 10:30 Pilates ♥ 11:15 Outdoor Chair Yoga*	<i>Series 4, Episodes 2 & 3</i>	7 pm – “My Brilliant Career” Judy Davis, Sam Neill, Wendy Hughes 1979 PG 100 min Biography, Drama, Romance
Wednesday 5/5	Exercise: Don Nee 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥ 11:15 Outdoor Chair Yoga*	<i>Jewish Intellectual History: Abraham Herschel, Mystic and Social Activist and Theological responses to the Holocaust (episodes 21 &22)</i>	7 pm – Berliner Philharmoniker The Creation by Joseph Haydn Conductor: Sir Simon Rattle Soprano: Elsa Dreisig Tenor: Mark Padmore Baritone: Florian Boesch Rundfunkchor Berlin, Chorus master: Gijs Leenaars
Thursday 5/6	Exercise: Bonnie 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Pilates Class ♥	<i>Downton Abbey, Series 5, Episode 6</i>	7 pm – West Wing: Season 3, Disc 5: Episode 17: “The U.S. Poet Laureate”, Episode 18: “Stirred”
Friday 5/7	Exercise: Bonnie 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Indoor Chair Yoga	<i>The Best of Tim Conway from the Carol Burnett Show</i>	7 pm – Rick Steves travelogue Caesar's Rome & Rome: Baroque, After Dark
Saturday 5/8			7 pm Movie – “Eye in the Sky” Helen Mirren, Aaron Paul, Alan Rickman 2015 R 102 min Action, Drama, Thriller

* Outdoor Chair Yoga - Please call the Fitness Center desk to sign up 610-359-4514

** Recommended and DVD supplied by Pat Turner. Blurb: Award-winning film-makers Dereck and Beverly Joubert start with the remains of two bull elephants and through a series of key flashbacks look at the lives they would have led, the dramas they may have seen, their great migrations for water with their families, and their encounters with lions and hyenas. This film, shot over two years is an intimate look at elephants through the lens of perhaps the greatest storytellers of natural history.