

CHANNEL 1970

August 22 – August 28, 2021

8/22-8/28	Morning	Afternoon	Evening
		*All showings are at 2 pm, unless otherwise noted	
Sunday 8/22		2 PM Movie – “Another Year” Jim Broadbent, Ruth Sheen, Lesley Manville, Oliver Maltman 2010 PG 129 min Comedy, Drama	
Monday 8/23	Exercise Videos: 9-9:30 Exercise 9:45-10:15 Yoga 9:00 - 9:45 Water Class at the Dunwoody Pool with Gary Nurse	<i>The History of the Supreme Court, 1:31 The Court Faces Affirmative Action; 1:32 Down from the Pedestal, Out of the Closet</i>	7:30 PM Documentary – ** “Life After People”
Tuesday 8/24	Exercise: Julie 9:00 Morning Stretch 9:45 Personal Care 10:30 Yoga Class ♥ 11:15 Outdoor Chair yoga*	<i>Yes Minister, 11: The Greasy Pole; 12: The Devil You Know</i>	7:30 PM – Maureen, Kathy and Connie Talk
Wednesday 8/25	Exercise: Julie 9:00 Morning Stretch 9:45 Balance Class 10:30 Pilates Class ♥ 9:00 - 9:45 Water Class at the Dunwoody Pool with Gary Nurse	<i>The History of the Supreme Court, 1:33 Burning Flags & Burning Crosses; 1:34 Prayer & Abortion Return to the Court</i>	5:30 pm – Ice Cream Social in Tent
Thursday 8/26	Exercise: Denise 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Indoor Chair Yoga	<i>Yes Minister, 13: The Quality of Life; 14: The Question of Loyalty</i>	7:30 pm – West Wing: Season 5, Disc 1: Episode 3 “Jefferson Lives”, Episode 4 “Han”
Friday 8/27	Exercise: Jo 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class ♥ 11:15 Outdoor Chair Yoga*	<i>Are You Being Served? 1: 1 Are You Being Served? 1:2 Dear Sexy Knickers</i>	7:30 pm – Doc Martin: Series 5, Disc 2, Episode 7 Cats and Sharks”
Saturday 8/28			7:30 pm Movie – “The Way We Were” Barbra Streisand, Robert Redford, Bradford Dillman, Lois Chiles 1973 PG 118 min Drama, Romance

* Outdoor Chair Yoga - Please call the Lifeguard on duty to sign up 610-359-4456 (they handle these reservations now).

** “Life After People” If humans were to suddenly disappear, what would happen to our planet—the structures we’ve built, the everyday items we take for granted, domesticated and wild animal, plants, trees? What would become of the things that define our species and leave our ark on this Earth? Visit villages surrounding Chernobyl, remote islands off the coast of Maine and go beneath the streets of New York to see the subway tunnels. (History Channel production)