

**November 17, 2021**



Dear Residents, Families and Staff,

I wanted to share a story that I shared at the Veterans Luncheon last week. It is also relevant as we approach Thanksgiving.

Charles Plumb was a US Navy jet pilot in Vietnam. After 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent 6 years in a communist Vietnamese prison. He survived the ordeal and now lectures on lessons learned from that experience. One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, "You're Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down!" "How in the world did you know that?" asked Plumb. "I packed your parachute," the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, "I guess it worked!" Plumb assured him, "It sure did. If your chute hadn't worked, I wouldn't be here today." Plumb couldn't sleep that night, thinking about that man. Plumb said, "I kept wondering what he might have looked like in a Navy uniform: a white hat, a bib in the back and bell-bottom trousers. I wonder how many times I might have seen him and not even said 'Good morning, how are you?' or anything, because, you see, I was a fighter pilot, and he was just a sailor." Plumb thought of the man hours the sailor had spent on a long wooden table in the bowels of the ship, carefully weaving the shrouds and folding the silks of each chute, holding in his hands each time the fate of someone he didn't know.

Who's packing your parachute? Everyone has someone who provides what they need to make it through the day. Plumb also points out that he needed many kinds of parachutes when his plane was shot down over enemy territory. He needed his physical parachute, his mental parachute, his emotional parachute and his spiritual parachute. He called on all these supports before reaching safety. Sometimes in the daily challenges that life gives us, we miss what is really important. We may fail to say "hello," "please," or "thank you," congratulate someone on something wonderful that has happened to them, give a compliment or just do something nice for no reason.

As we go through this week, this month, this year, let us recognize the people who pack our parachutes.

## **Care Center Update**

### **Visitation**

Dunwoody has adapted our visitation policies based on recent CMS guidance. Specifically, visitors are permitted at all times, including during an outbreak. When visiting a resident on isolation PPE must be worn at all times. Visitors must use the Accushield screening tool, use hand sanitizer, and follow the posted guidance based on the county transmission rate. Masks are required at all times in common areas and in the presence of other residents and staff. More information is available at the Care Center reception desk.

## **COVID-19 Boosters for Employees**

Our next clinic will be held on Friday, Dec. 10. More details will be provided closer to that date. As an important reminder -- all employees must receive booster vaccines by 04/01/2022.

## **Dining**

Starting Monday, November 22<sup>nd</sup> guests are able to pick up meals with residents at The Grille. (Guests may not pick up from the Auditorium) All guests must wear a mask while in common areas. Guests are still not invited to "dine in" as space is limited. We look forward to welcoming guests when our new dining venues open in late Spring 2022! The "to go" hours at the Grille are 5:30-6:30pm Monday-Saturday and 12:30-1:30 for Sunday and Holidays.

If you are interested in some tasty treats for Thanksgiving from the dining department, please return your forms to the dining room no later than Friday November 19<sup>th</sup>.

## **Fitness**

Join us Wednesday November 24<sup>th</sup> from 1-2PM in the fitness center for the "Total Body Stretching" class run by Genesis Rehab Services. Call 610-359-4421 to sign up.

## **Gift Shop**

The gift shop has relocated to **C-223** and is open for business. Hours are M-F 11AM – 2PM. (Just follow the signs with red arrows.) Please stop by and see the new temporary location. Thanks for helping to support your gift shop.

## **Newspapers**

If anyone is experiencing newspaper delivery issues, please contact Gene Collier ([gcollier@inquirer.com](mailto:gcollier@inquirer.com)) or Christopher Graham ([cgraham@inquirer.com](mailto:cgraham@inquirer.com)) directly.

## **Mail**

A secure mailbox has been hung on the wall near the front desk. Residents may place Dunwoody bill payments or donations for Employee Appreciation in this box.

## **Construction Update**

In the next weeks the primary focus is installing the roof. The new addition areas will be installed first, and then the old roof will be strategically removed in renovation areas, and replaced. In addition to the roof, stone veneer continues to be installed on the south side of the building, and grading and paving will happen on the west side near the apartments.

Inside the building, the focus is hanging drywall as areas get dried in. There are limited rough ins going in ahead of drywall as well.

I wish you a Happy Thanksgiving and hope you are able to celebrate with friends and family around your table. Many thanks to all of you at Dunwoody who pack my parachute, physically, mentally, emotionally and spiritually each and every day.

With warmth and gratitude,

Maureen