#### December 10, 2021

Dear Residents, Families and Staff,



It's beginning to look a lot like Christmas! There are beautiful lights and poinsettias everywhere you look. Again, I apologize for the poor communication related to the dining meeting on Tuesday December 8<sup>th</sup>. The presentation will be offered again on December 15<sup>th</sup> (see below) and resident input will be sought. There will be a form provided at the meeting for feedback. You will have 7 days to respond. We will review all feedback and incorporate necessary changes and share this information by January 13<sup>th</sup>. I appreciate all of your feedback thus far on the information and the process and how it can be adjusted.

### **Meeting Reminders**

Dining Update Meeting Wednesday December 15, 1:30pm in the Auditorium. Please attend in person if you are able. This presentation is better received in person because of the Power Point materials presented. Please sign up with Kayla in Marketing as we can accommodate 70 people.

### **Health and Wellness**

Since November 25, 2021 we have had 2 positive cases of COVID 19 in IL, both residents recovered in their IL units. Fourteen IL residents were quarantined due to being exposed to a positive resident. Several other residents have been quarantined due to being exposed to a positive person while having Thanksgiving outside of Dunwoody. Our medical director, Dr. Lawrence, continues to strongly advise the continued practice of wearing your mask at all group gatherings including those inside Dunwoody Village. Our protocol is to require residents with close contact with someone with confirmed COVID-19 to quarantine in their residence. After 2 negative lab tests, residents may leave quarantine and move freely about our campus. During quarantine, residents may not visit common spaces on campus, but they may leave campus. Residents who are positive for COVID 19 must remain in isolation for 10 days from symptom on set, and symptom free. They should not leave their residence nor should they leave campus.

The pool will be closed from December 20, 2021 thru December 27, 2021 for repairs that were delayed due to material delays.

This Friday, December 10, 2021 we will conduct a trial Aquatic Meditation Class at 10am in the swimming pool. This class will begin with a short warm-up stretching exercise to work on the individual's range of motion and will be followed by a mindful breathing exercise. The class will engage in a relaxation breathing technique that can help clear your mind, relax the upper body, and open your airways. The intensity of this class is low to moderate and does not require a high degree of swimming competency. We hope to see you at the pool! Please call 610-359-4456 to save your spot! William O'Brien, one of our aquatic instructors, who has his degree in Kinesiology, will be leading this class.

# Dining

Christmas Holiday Bake Sale: Order forms include instructions must be returned to Dining Services by Dec. 15. Please note pick up will be Thursday December 23 from 1:00 p.m. to 3:30 p.m. in the Auditorium.

Friday December 10 is the employee holiday lunch party. There will not be in person lunch service for residents other than home delivery. Please call the Dining Room at 610-359-4433 if you are on the lunch plan to make arrangements for home delivery.

December 12<sup>th</sup> the residents will host a Trim a Tree party at 4pm with treats provided by dining services.

December 24th Christmas Eve: regular evening service hours. December 25 Christmas Day service time: Noon -1:30 p.m. For food ordering and staffing please notify us by Friday December 17 if you plan on attending Christmas Dinner. Call 610-359-4433, leave your name and say two if a couple and your phone number for our list. Due to space issues, we are not reserving tables.

December 16th Community Holiday Party. The Party will begin at 4:30 p.m. The Terrace Dining Room will be closed. The Village Grill will be closed. The party will be considered your meal of the day. Only if you plan on not attending the party may you have a meal delivered to your home. Please call the Dining Room at 610-359-4433 Monday or Tuesday December 13 or 14 between 1 and 4 p.m. to order your meal. Deliveries will be made between 3:00 and 3:45 p.m. on the 16<sup>th</sup>. If you cannot reach someone live, please leave your name and phone number for a call back. Thank You.

## **Construction Update**

As was shared in the Town Hall Meeting on 12/9/2021, the new stone work on the West Elevation was hung incorrectly by the subcontractor; they failed to include a channel for water to escape. Warfel did note this on a quality inspection, and the subcontractor has accepted responsibility and will be removing and replacing the stone with the correct system after Christmas. They will chip the old stone off, remove it and install the new system and stone work. This should take about 3 weeks. We apologize for the inconvenience. On the exterior of the building, the main focus continues to be getting the roof completed. New roof areas are complete, and the roofer is working on replacing existing roof areas above the old dining room. Inside, the focus remains on hanging and finishing drywall. Hanging and finishing are ongoing upstairs, and hanging has started downstairs.

Best Regards,

Maureen