Top of the Morning to you! There are many beautiful Irish blessings but I wanted to share this one with you today.

May good luck be with you, wherever you go and your blessings outnumber the shamrocks that grow. May your days be many and your troubles be few, May all God's blessings descend upon you. May peace be within you, may your heart be strong. May you find what you're seeking wherever you roam.

Happy St. Patrick's Day! Slainte!

Dining Points Plan

April, May and June is the next quarter for dining points. You will have 1950 points to use for the quarter. Any resident can add additional points for a fee. Residents under contract as of January 31, 2023 may opt out of up to 4 months per year. If you opt out of one month, 650 points will be deducted from the 1950, giving you 1300 points that can be used throughout April, May and June. Please let Debbie Sabin know by 3/25/23 if you want to be OFF one or more months or if you want to add additional points. There will be no exceptions after this date. Debbie needs to know which month or months you are opting out so the credit of \$175 per month can be given. You can reach Debbie Sabin at 610-723-4626 or dsabin@dunwoody.org

Grounds Work

Spring is approaching and we are getting excited to get back outside and into our gardens. The grounds crew is working hard to prepare the property for bright flowers and fresh mulch. We expect to have mulch within the next two weeks and look forward to adding some color to the landscape once the mulch arrives. Some residents have already reached out and asked about mulching, and we will start personal garden mulching in early April as we are able. Until then, please feel free to contact us with any questions or to be placed on the schedule. We look forward to seeing everyone out and about this spring!

Town Meeting

Our first quarter Town Meeting will be held at 3:30 p.m. on Thursday, March 23, 2023 in the Auditorium and on Channel 1970. The memo requesting comments and questions is available on Touchtown and in the Administration folder near the resident mailboxes. All advance questions and comments are due to be returned to Marketing or Administration (G-205) by Monday, March 20, 2023 by 12:00 noon. The meeting will be followed with wine and cheese.

Resident Check-In Update

Our Resident Check-In system has been updated to provide additional service. All residents should continue to call in to the check-in number 610-345-7170 before 12:00 noon each day. If a resident fails to call in by 12:00 noon, the system will call out to the resident. When answering the phone, you will hear a message asking you to press any key to check in. If you receive this message, please press any key on your phone and you will be checked in for the day. If you do not press a key, the system will call a second time with the same request. Thank you for your cooperation in helping us complete our resident safety check each day!

Health & Wellness

We are beginning the Dunwoody Strong #Challenge on March 29th at 10:00 a.m. in the Fitness Center. Please join us and learn more about this challenge from our fitness committee. The first 100 people who sign up get a Dunwoody Strong T-shirt!

Are you going through a life transition including chronic health conditions, grief/loss, depression or anxiety or navigating multigenerational family dynamics? If so, our new Clinical Social Worker may be able to help. Karie Melton, LCSW is now offering psychotherapy services at Dunwoody Village. Please call Health & Wellness at 610-359-4417 to be added to her schedule.

COVID-19

Currently, there are 3 Residential residents and 5 Care Center Residents who tested positive and are on quarantine. Four staff members tested positive and are at home on isolation.

Bulletin Boards

Our new bulletin boards are now installed on the Lower Level. The section marked Administration is for posting by Administration, Marketing or other Departments. The Community Events section is for posting by Administration or Marketing for events outside of Dunwoody. Residents should not post under these titles unless approved by our offices. Two of the bulletin boards are for DVRA use, and the DVRA will follow through with DVRA committees and rules for posting. Currently, the sign-up sheets for shopping trips are located on a table across from our Transportation Department. We will keep you updated with any changes.

No Smoking

Dunwoody Village is a smoke free campus. There is no smoking permitted by residents, guests, staff or contractors anywhere on campus, including outside of the buildings or in your vehicle. This policy is in effect for the health, wellness and safety of our campus.

Le fearr maidir, (With best regards) Maureen