

October 9, 2026

Dear Residents, Families & Staff:

After more than 20 years of dedicated service to Dunwoody Village, Dr. Rona Pasternak will be concluding her time with our community at the end of October. We are incredibly grateful for the many years she has spent caring for and supporting Dunwoody residents and wish her all the best. Beginning November 1st, Dunwoody will welcome a new behavioral health team through TeamHealth. This partnership will allow us to offer residents a broader range of supportive services right here on campus, including opportunities to talk with a provider about overall emotional well-being, navigating life changes, sleep or mood concerns, memory-related changes, medication management, and other needs that may arise as we age. Our new providers, Maria Miralda-Tena, PA-C, and Phillip Divon, MSN, PMHNP-BC, bring extensive behavioral health experience and will work closely with residents, families, and the Dunwoody care team to provide individualized support.

We look forward to welcoming the TeamHealth team and expanding the services available to our residents. Independent Living residents interested in learning more or meeting with a provider may contact Health & Wellness. Personal Care and Skilled Nursing residents and families may contact their social worker for additional information or assistance.

Dunwoody at Home Welcomes Jennifer Whitlock

Jennifer Whitlock will officially transition to Dunwoody at Home beginning October 12th. Jennifer is a familiar face at Dunwoody and brings her nursing experience and knowledge of our community to her new role supporting Dunwoody at Home clients, families, caregivers, and the overall program. Over the coming weeks, Jennifer will reach out to each of our current Dunwoody at Home clients to introduce herself and spend time getting to know them and their individual needs. She will also be reviewing and updating care plans to make sure they continue to reflect each client's preferences, routines, and current needs. In addition, Jennifer will be meeting with our caregivers and working closely with them to strengthen communication and ensure they have the support they need to provide the best possible care. This is an exciting next step for Dunwoody at Home as we continue to strengthen and grow the program.

Pumpkin Painting Party!

Please join us on **Thursday, October 22 at 1:30 pm** for a festive Pumpkin Painting Party in Arts & Crafts! Our special guest, Shayna Parker, acrylic painting instructor, will be on hand to offer inspiration and assistance with your masterpiece, if desired. If you plan to attend, please sign up in the binder outside the Marketing Office so we can make sure we have enough pumpkins for everyone. The best part? Your creations will be featured as centerpieces at this year's Halloween Party!

Dining Services

Fall menu changes for Hearthside, Healthcare, and Personal Care are scheduled for October 14. New seasonal offerings will be introduced while continuing to feature many well-loved favorites. We will also be working to improve the allergen information and symbols displayed on our posted menus to help provide clearer, more accessible information for our guests. The 1712 menu update is planned for early November, with the Fox Den menu update to follow shortly afterward.

On October 22nd at 3:30 p.m. there will be a Dining Town Hall in the Auditorium. During this meeting, we will discuss the progress we have made, share updates on our initiatives, and introduce the complete Dining Services Management Team. We look forward to connecting with everyone, celebrating our progress, and sharing what's ahead for Dining Services.

The management team reviews HappyOrNot feedback daily. We value the comments and suggestions we receive and use them to identify opportunities for improvement, develop action plans when needed, and celebrate our successes. Guest feedback plays a significant role in helping us continuously improve the dining experience. Here are a few examples of feedback that has helped guide our decisions:

- Coffee Ice Cream: A request to offer coffee as a staple ice cream flavor.
- Meatloaf Recipe: A request to modify the recipe to exclude cheese.
- Pesto Linguine: A request to prepare the dish without cream.

Thank you to everyone who takes the time to share feedback and suggestions. Your input is appreciated and helps us make meaningful improvements to our dining program!

Tai Chi

Tai Chi classes for Saturday, October 10, 2026, are canceled. Tai Chi will return to its regular Saturday schedule on October 17th.

Fitness News

Fitness Manager, Karen McFee, and 15 Dunwoody residents attended the 10th Annual Friendship Games at Meadowood in Lansdale, PA. Dunwoody residents competed in various sports and games with participants from several other retirement communities and showed their absolute best! Dunwoody took the Silver Medal in "Brain Games" and the Bronze Medal in Bocce.

WeCare Connect: We Want to Hear From You

WeCare Connect is now live across all areas of care at Dunwoody Village. WeCare Connect is a resident and family feedback program that gives us another way to hear directly from you about your experience at Dunwoody. Surveys are sent at different points throughout your experience and ask about areas such as communication, services, care, responsiveness, and overall satisfaction. This feedback helps us recognize what is going well while identifying opportunities where we can make the Dunwoody experience even better. Feedback is not anonymous, which allows us to connect directly with residents and families, better understand their experience, and work together to address concerns or make improvements. Our goal is not simply to collect survey results—it is to listen, learn, and use your feedback to continue making Dunwoody the best experience possible for those who live here. Thank you to those who have already completed the survey.

Technology

We welcome Charlie Holenstein to Dunwoody as Manager of Technology. Charlie will be working with Scott Hill, and with Meriplex (technology contractor) on supporting and building Dunwoody technology infrastructure and support practices. Technology support (All of Operations) can be reached at 610-359-4442.

Walking Depot Shoe Sale

At resident requests, Walking Depot, the upscale shoe shop in Broomall, will be on site here at Dunwoody to feature a shoe shopping event in the auditorium on **Monday, October 12** between 10:00am and 3:00 pm. Credit cards, cash and checks are acceptable forms of payment.

Gift Shop

Ms. Edret (Ed) Conteh has been hired as the new Gift Shop Coordinator. Ed's hours will be Monday-Wednesday & Friday from 11:30am – 2:30pm. Tuesday and Thursday hours will remain 11:00am – 2:00pm staffed by our resident volunteers. The gift shop cart for the Care Center continues to be successful. Our Saturday, September 26th cart volunteers sold \$347.00 worth of items. Our Independent and Care Center residents are enjoying this shared time during these "One Dunwoody" gift cart shopping events.

Best regards,
Maureen